

# I am Autistic.

See back of card for important information.

Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

## Autistic people may:

- Communicate non-verbally
- Move their bodies atypically
- Struggle managing change
- Seek or avoid sensory stimulation
- Become very anxious easily
- Need extra processing time
- Require support to remain calm

## may not:

- Understand police authority
- Process or follow directives
- Control body movements
- Be able to articulate their needs
- Respond to new people/events
- Respond to traditional de-escalation strategies

## Individual Support Needs: