

The connection is you. ™

# **ADULTS ON THE SPECTRUM**







**Looking for other great programs and events?** Check out the offerings on our **Family Programs** flyer as well.

Autism is a journey ... don't take it alone.
Adults on the Spectrum need support,
friendship and camaraderie just like everyone
else. We are here for you and can help you find
activities and a group that will welcome you,
just as you are.

#### **GOALS:**

- Connect adults living with Autism
- Share experiences and learn from others
- Have an accepting group to help you celebrate life's milestones and support you when things are tough







Scan the QR code with your phone camera to link to our membership application.



## 2025 ADULTS ON THE SPECTRUM PROGRAMS CALENDAR



## **SWAN Group**

Where: Virtual and In-Person

When: First and Third Wednesday of the month | 6:30 - 8:30 p.m. | In person

Second Wednesday of the month | 6:30 - 8:00 p.m. | Virtual

Registration: www.assew.org/swan or call 414-988-1276 or email swan@assew.org

Fee: FREE to Autism Society SE WI Members\*

\*Beginning January 1, 2025, all SWAN members both current and new must be members of the Autism Society of SE WI. Memberships include receiving our email newsletter, updates on program/workshop invitations first, access to Members Only events, and can be paid for with your IRIS funds or other waivers.

#### **MEETING TOPICS:**

Date	In Person/ Virtual	Торіс	Meeting Time	Location
January 8	VIRTUAL	Exploring Your Autistic Identity w/ Becky, Session 1: Understanding Neurodiversity	6:30 – 8:30 PM	VIRTUAL
January 15	IN PERSON	Welcome to 2025! Socialize Healthy Snack Share	6:30 – 8:00 PM	ASSEW OFFICE
Sunday, January 19	OUTING	UWM Men's Basketball Game sponsored by Gruber Law	1:00 – 5:00 PM	Panther Arena
February 5	IN PERSON	Valentine's Day-Make cards for kids	6:30 – 8:30 PM	ASSEW Office
February 12	VIRTUAL	Uniquely Abled Academy-MATC	6:30 – 8:00 PM	VIRTUAL
February 19	IN PERSON	Independence First Making Friends and Small talk	6:30 – 8:30 PM	ASSEW Office
March 5	IN PERSON	Healing Harmonies Group-Music Session	6:30 – 8:30 PM	ASSEW Office
March 12	VIRTUAL	Exploring Your Autistic Identity w/ Becky, Session 2: The Joy of Being Yourself	6:30 – 8:00 PM	VIRTUAL
March 19	IN PERSON	Spring Birthdays and Board Game Night	6:30 – 8:30 PM	ASSEW Office



## FREE Support Group for Professionals on the Spectrum

Join us for an In Person or Virtual support group the fourth Wednesday of each month. Meeting is held virtual via Zoom or in person at Indepence First.

#### **Upcoming Topics:**

January 22 - General Support Group February 26 - Identifying a hostile work environment

To RSVP (seats are limited) and to request accommodations, contact Peter Lucas at 414-226-8379 V/Relay or PLucas@independencefirst.org

# MEMBER ONLY EVENTS/BONUSES



## **Tubing at Sunburst Ski Hill**

March 26 - Autistic Burnout

Sunday, January 26 • 9:30 a.m.

For our first quarter member event, we will be inviting families to Sunburst Ski Hill in Kewaskum Wisconsin. Cost is only \$10 if your a member! Regular price tickets are usually \$23 per person. Enjoy no lines at check in, a sensory friendly warming barn to take a break, get hot cocoa and hang out with other members. Please note, tickets are non-refundable.



## Become a member today!

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